

Mobile No: 8903689633,

9321588873

Correspondence Address: Manik OrthoCare Clinic, Shop No 22, Opp D Bazaar, Manbai Keshvaji Wadi, Bhandup Village Rd, Bhandup West, Mumbai, 400078.

For Appointments call: 9594398873

www.drtushardoke.com

Dr. Tushar Doke

M.B.B.S.,

M.S. (Orthopaedics), (Gold Medalist)

Fellowship in Reconstructive Shoulder and Knee Surgery, Mumbai

Fellowship in Minimally Invasive Joint Replacement, Mumbai Fellowship in Knee & Shoulder Arthroplasty & Sports Medicine, Seoul, South Korea

MMC Registration No: 2011040685

PRESENT APPOINTMENT

CONSULTANT ORTHOPAEDIC AND ARTHROSCOPY SURGEON:

- Owner at Manik Orthocare, Bhandup, Mumbai
- Fortis Hospital, Vashi
- Reliance Hospital, Koparkhairane
- Sushrut Hospital, Chembur
- Criticare Hospital, Andheri
- Hira Mongi Navneet Hospital, Mulund
- Currae Hospital, Thane
- Kaizen Hospital, Thane
- MPCT Hospital, Sanpada

PROFESSIONAL EXPERIENCE

- Completed MBBS from A.C.P.M Medical College, Dhule under MUHS in the year of 2011.
- Completed MS from Vinayaka Mission Medical College and Hospital, Karaikal, Salem, TN in the year of 2016.
- Fellowship in Reconstructive Shoulder and Knee Arthroscopy, Mumbai
- Worked as Clinical Assistant in Department of Orthopaedics, Sir H.N.Reliance Hospital, Mumbai.
- Completed Fellowship as Clinical Research fellow in Knee & Shoulder Arthroplasty & Sports Medicine, Seoul National University Hospital, South Korea
- Fellowship in Minimal Invasive Joint Replacement, Breach Candy Hospital, Mumbai, India for 6 months.
- Worked in the Department of Orthopaedics as Senior Resident, Government Medical College, Akola, Maharashtra.
- Worked in Department of Orthopaedics as Senior Resident, Lokmanya Tilak Muncipal Medical College and Hospital, Sion, Mumbai.
- Worked in Department of Orthopaedics as Assistant Professor, Mahatma Gandhi Medical College and Research Institute Pondicherry.



Mobile No: 8903689633,

9321588873

Correspondence Address:
Manik OrthoCare Clinic, Shop No
22, Opp D Bazaar, Manbai
Keshvaji Wadi, Bhandup Village
Rd, Bhandup West, Mumbai,
400078.

For Appointments call: 9594398873

www.drtushardoke.com

PROFESSIONAL SKILLS

- During the tenure of my fellowship in Seoul National University Hospital, Seoul, South Korea participated in various Primary, Complex and Revision TKA cases along with Primary and Reverse Shoulder Arthroplasty, Arthroscopic Rotator Cuff surgeries and Bankart Repair
- Performing various Shoulder and Knee Arthroscopy and arthroplasty Surgeries independently
- Assisted and actively participated more than 500 TKA cases under Dr. Nilen Shah, Consultant Arthroplasty Surgeon, Mumbai
- Performing various trauma surgeries (Fracture fixation, bipolar hemiarthroplasty)
- Performing various deformity correction surgeries including High Tibial Osteotomy, Distal Femur Osteotomy, genu valgum, cubitus varus and few revisions surgeries
- Performing various Arthroscopic surgeries including knee, shoulder, and elbow arthroscopies
- Experience in organizing various workshops
- Experience in training undergraduates, junior residents, Diploma candidates as a part of residency program

EXPERIENCE OF WORKING WITH WELL-KNOWN ORTHOPAEDIC SURGEONS

Arthroscopy Surgeons

• Dr. Prasad Bhagunde, M.S. Ortho, D. Ortho.

Consultant Arthroscopy Surgeon Nanavati Hospital, Saifee Hospital, Mumbai

• Professor Joo Han Oh, M.D. PhD.

Section Chief

Seoul National University Upper Extremity Service Seoul, South Korea

Dr. Dipak Tambe

Assistant Professor, LTMMC Sion

• Dr. Aditya Pavaskar

Assistant Professor, LTMMMC SION

• Dr. Vineet Abrahim

Associate Professor, AIIMS Mangalagiri.



Mobile No: 8903689633,

9321588873

Correspondence Address:
Manik OrthoCare Clinic, Shop No
22, Opp D Bazaar, Manbai
Keshvaji Wadi, Bhandup Village
Rd, Bhandup West, Mumbai,
400078.

For Appointments call: 9594398873

www.drtushardoke.com

Arthroplasty Surgeons

Professor TK Kim, M.D. PhD

Professor at Seoul National University Bundang Hospital, Seoul, South Korea

Consultant Arthroplasty Surgeon, TK hospital, South Korea

• Dr. Nilen Shah, M.S., McH

Consultant joint replacement surgeon at Breach Candy Hospital, Bombay Hospital, Wockhardt Hospital

Pioneer in minimally invasive Subvastus approach

• Dr. A. B. Goregaonkar

H. O.D. Department of Orthopaedics, LTMGH, Sion

Dr. Vaibhav Bagaria

H.O.D. Department of Orthopaedics, HN Reliance Hospital, Mulund



Mobile No: 8903689633,

9321588873

Correspondence Address: Manik OrthoCare Clinic, Shop No 22, Opp D Bazaar, Manbai Keshvaji Wadi, Bhandup Village Rd, Bhandup West, Mumbai, 400078.

For Appointments call: 9594398873

www.drtushardoke.com

| INDEPENDENT SURGICAL EXPERIENCE | | |
|---------------------------------|------------------------------------|-----------------------------------|
| Sr. No. | Type of Surgery | Surgeries Performed (Approx. No.) |
| Α | Upper Limb Surgeries | |
| 1 | Arthroscopic Bankart Repair | 500 |
| 2 | Arthroscopic Rotator Cuff Repair | 650 |
| 3 | Arthroscopic SLAP Repair | 25 |
| 4 | Reverse Shoulder Arthroplasty | 10 |
| 5 | Proximal Humerus fractures | 200 |
| 6 | Shaft Humerus Fractures | 100 |
| 7 | Distal Humerus Fractures | 100 |
| 8 | Radius / Ulna Fractures | 300 |
| 9 | Distal End Radius | 300 |
| 10 | Hand Surgeries | 50 |
| | | |
| В | Lower Limb Surgeries | |
| 1 | Arthroscopic ACL Reconstruction | 800 |
| 2 | Arthroscopic Meniscal Surgeries | 1000 |
| 3 | Arthroscopic PCL Reconstruction | 100 |
| 4 | Per Trochanteric Fractures | 400 |
| 5 | Shaft Femur Fractures | 150 |
| 6 | Distal Femur Fractures | 150 |
| 7 | Proximal Tibial Fractures | 100 |
| 8 | Tibia Shaft Fractures | 150 |
| 9 | Distal Tibia Fractures | 100 |
| 10 | Calcaneal Fractures | 20 |
| 11 | Bipolar Hemiarthroplasty | 200 |
| 12 | Total Hip Arthroplasty | 10 |
| 13 | Total Knee Arthroplasty | 150 |

PAPERS PRESENTED

A study of clinical outcome of surgical management of distal tibia fracture with locking compression plate (POACON 2015, Pondicherry)

POSTERS PRESENTED

PELVIC EXOSTOSIS (TNOACON – 2015, Salem)

NATIONAL FACULTY

MEET THE MASTERS ARTHROSCOPY SOCIETY 2022, MUMBAI



Mobile No: 8903689633, 9321588873

Correspondence Address:
Manik OrthoCare Clinic, Shop No
22, Opp D Bazaar, Manbai
Keshvaji Wadi, Bhandup Village
Rd, Bhandup West, Mumbai,

For Appointments call: 9594398873

400078.

www.drtushardoke.com

PUBLICATIONS

- Salter and Harris type 1 fracture of proximal tibial epiphysis with both deep vein thrombosis and shortening –case report Orthopaedic today Dec- 2014
- Functional results of unstable (type 2) distal clavicle fractures treated with superior anterior locking plate- ABJS Dec 2016
- Cement Antibiotic loaded v/s Non-Antibiotic loaded in Primary TKA ISHKS April 2019.

CONFERENCES ATTENDED

- ISSH Basic Course in Hand Surgery 2012, NDMVP, Nasik.
- 4th Annual Conference Pondicherry Orthopaedic Association. (POACON-2014)
- 5th Annual Conference Pondicherry Orthopaedic Association. (POACON-2015)
- 13th Annual Conference of Orthopaedic Association of South Indian States. (OASIS -2014)
- 48th Annual Conference of Tamil Nadu Orthopaedic Association. (TNOACON-2015)
- CME & PG Instructional Course in Orthopaedic. (Bangalore 2015)
- MGMCRI Orthopaedic Revision Education. (MORE-2015)
- WHO Trauma Quality Improvement Workshop AITSC Project at LTMMC, Sion.
- Pelvi-Acetabular Course 2017 Bombay Orthopaedic Society 2017.
- Hip Preservation Course, Bombay Orthopaedic Society 2017.
- 4th International Meeting of Arthroscopy Academy, 2017.
- 5th International Meeting of Arthroscopy Academy, 2018
- 62nd Annual Congress of the Korean Orthopaedic Association 2018
- Pune Knee Course, Arthroscopy Conference 2019
- 5th Annual Conference of Karnataka Arthroscopy Society, 2019
- Knee Arthroscopy Cadaveric Workshop, Ramaiya Medical College, 2019
- 6th International Meeting of Arthroscopy Academy, 2019
- 18th ANNUAL CONFERENCE OF INDIAN ARTHROSCOPY SOCIETY 2019
- 19th ANNUAL CONFERENCE OF INDIAN ARTHROSCOPY SOCIETY 2022
- International Meeting of Arthroscopy Academy, 2022
- Pune Knee Course, Arthroscopy Conference 2022
- WIROC Bombay Orthopaedic Society Conference 2022

EXTRACURRICULAR INTEREST

- Sports Activities Swimming, Carrom, Cricket, Gym workout
- Event organization
- I also love to be involved in improving the community awareness on various orthopaedic ailments and provide voluntary services to needy people.

AWARDS

1st Runner up at IAS quiz at 18th Annual Conference of Indian Arthroscopy Society 2019